

# THE TREASURES OF MARCHE: WALKING BETWEEN NATURE AND CULTURE



## MARCH 2013 EXCURSIONS CALENDAR EARLY VERNAL COLORS AND SMELLS

March, Saturday 2: **IN SEARCH OF WILD HERBS.** Walking in the woods between Collefalciano and Tallacano, districts of Acquasanta Terme (AP) in the heart of the mountainous range of Monte Ceresa, in company of Anna, the only resident inhabitant in Collefalciano, owner of B&B Cuore, who will make us rediscover the pleasure of collecting weeds, their qualities and their use. **Estimated time: 3,30-4,00 h. Gap: 350 m. Difficulty: E.**

March, Sunday 3: **SNOWSHOE WALK IN VAL CANATRA.** From Castelluccio of Norcia (PG) to Poggio di Croce, going up the side valley of Pian Perduto to admire the winter scenery of its Piani. **Estimated time: 5,00-5,30 h. Gap: 500 m. Difficulty: E.**

March, Saturday 9: **MONTE CONERO.** From Fonte dell'Olio of Sirolo (AN) to Passo del Lupo, privileged balcony over Due Sorelle Beach and the southern Marche coast. **Estimated time 2,00-2,30 H. Gap: 150 m. Difficulty T.**

March, Sunday 10: **MONTAGNA DEI FIORI.** From the old ski resort of San Giacomo to the summit of Monte Girella, among lakes, beech and caciare (cheese factories) that make up the most beautiful balcony over the Apennines. **Rise time: 3,00-3,30 h, down: 2,00-2,30 h. GAp: 850 m. Difficulty: E.**

March, Saturday 16: **CUGNOLO WOOD.** Easy walk in a strip of Maquis shrubland nearby Torre di Palme (FM), suspended on the Adriatic coast. **Estimated time: 1.30 h. Gap: 80 m. Difficulty: T.**  
In Campiglione di Fermo **TIPICITA'** (Typicality), Festival dedicated to the tastes and the other excellences Made in Marche.

March, Sunday 17: **VALLE DELLA SCUROSA.** From shady valley at the foot of Monte Patino with its magnificent beech forest with aerial views of the Piani di Montelago. **Estimated time: 4,30-5,00 h. Gap: 555 m. Difficulty: E.**

March, Saturday 23: **THE LAKES OF COLLE.** From Colle of Arquata del Tronto (AP) to the small lakes hidden among its woods, particular witness of the last ice age and WWF oasis. **Rise time 2,30-3,00 h, down: 1,30-1,45 h. Gap: 650 m. Difficulty E.**

March, Sunday 24: **CUGNOLO WOOD.** Easy walk in a strip of Maquis shrubland nearby Torre di Palme (FM), suspended on the Adriatic coast. **Estimated time: 1.30 h. Gap: 80 m. Difficulty: T.**

March, Saturday 30: **HERMITAGE OF ACQUARELLA from Albacina.** Discovering the ancient Franciscan hermitage through the dense woods above the old Roman village "Tuficum", up to the slopes of Monte Maltempo to enjoy the lovely view on Fabriano basin (AN) and its surroundings. **Estimated time: 4,00-4,30 h. Gap: 690 m. Difficulty E.**

March, Sunday 31: **AMONG THE VILLAGES OF FLUVIONE.** In the cool of the woods at the feet of Monte Vettore, discovering the countless villages of Montegalgo (AP) castled to its slopes and their hidden treasures. **Estimated time: 3,00-3,30 h. Gap: 460 m. Difficulty: E**

**For bookings, rates and info on equipment and clothing needed, time and place of departure:  
Environmental Hiking Guide Dino Gazzani tel 380 3020147 --- dgazzani@libero.it  
Professional Guide empowered by national and regional regulations and covered by R.C. insurance.**

**Note: this calendar may be changed because of adverse weather conditions.  
Snowshoe walks will be made only if snow conditions of the selected places will be satisfying.  
Any possible changes and new itineraries will be promptly communicated.**