

THE TREASURES OF MARCHE: WALKING BETWEEN NATURE AND CULTURE



MAY 2013 EXCURSIONS CALENDAR VERNAL COLORS AND SMELLS

May, Wednesday 1: **VOLPARA AND PRATA WATERFALLS.** From Umito of Acquasanta Terme (AP) in discovery of the spectacular water games provided by Monti della Laga streams. **Rise time (stops excluded): 3,00-3,30 h, down (stops excluded): 2,00-2,30 h. Gap: 660 m. Difficulty: EE.** In the afternoon FRITTO MISTO ALL'ITALIANA (Italian –way Mixed Fried) in Arringo Plaza in Ascoli Piceno. Experience the tastes of fried food from the whole world.

May, Saturday 4: **MONTE CONERO NORTH RING.** From Massignano of Ancona former quarry to Northern Belvedere through Pian dei Raggetti and S. Pietro al Conero Church, flying as a bird over the Adriatic Sea. **Estimated time (stops excluded): 3,30-4,00 h. Gap: 320 m. Difficulty E.** In the afternoon FIERA DI S. CIRIACO (S. Ciriaco Fair) in the historical center of Ancona, the most attended in popular appointments of Regional Chief Town.

May, Sunday 5: **IN SEARCH OF WILD HERBS.** Walking in the woods between Collefalciano and Tallacano, districts of Acquasanta Terme (AP) in the heart of the mountainous range of Monte Ceresa, in company of Anna, the only resident inhabitant in Collefalciano, owner of B&B Cuore, who will make us rediscover the pleasure of collecting weeds, their qualities and their use. **Estimated time (stops excluded): 3,30-4,00 h. Gap: 350 m. Difficulty: E.**

May, Saturday 11: **GAGLIOLE AND VALLE DELL'ELCE (Holm-Oak Valley).** Walk in an Maquis shrubland edge through karst spring and hidden caves, along a stretch of Franciscan path. **Estimated time (stops excluded): 2,00-2,30 h. Gap: 200 m. Difficulty: E.** In the afternoon LA CONQUISTA DEL CIELO (The Conquest of the Sky) in Serrapetrona (MC): an extraordinary exhibition tells the evolution of life and the ancient myths following the theme of the flight.

May, Saturday 11: **SUNSET ON MONTE IGNO.** Evening climb from Montelago (MC) to Monte Igno, in rediscovery of the celestial sphere and its incomparable drawing during the new-moon night. **Estimated time (stops excluded): 1,45-2,00 h. Gap: 400 m. Difficulty: E.**

May, Sunday 12: **PATH OF THE CHARCOALS AND THE DAMNED FRIARS HERMITAGE.** From La Villa of Montalto, Cessapalombo district (MC), to damned friars cave on Fiastrone Gorge doors, in discovery of the ancient art once vitally. **Estimated time (stops excluded): 3,30-4,00 h. Gap: 400 m. Difficulty: E.**

May, Saturday 18: **MONTE S. VICINO from Elcito.** From perched and lonely hamlet of S. Severino Marche (MC) to the most distinguishing peak of this stretch of the Marche Apennines. **Estimated time h (stops excluded): 4,00-4,30. Gap: 600 m. Difficulty: E.**

May, Sunday 19: **CUGNOLO WOOD in the AIGAE GUIDES' DAY.** In the day dedicated to the Regional promotion of AIGAE (Italian Association of Environmental Hiking Guides) activity, its Guides propose different itineraries in various parts of the Region. I will be in Torre di Palme (FM) for an easy walk in a strip of Maquis shrubland, suspended on the Adriatic coast, and to visit the ancient Town. **Estimated time (stops excluded): 3,00 h. Gap: 100 m. Difficulty: T.**

In the afternoon ARMATA DI PENTECOSTE "SCIO' LA PICA" (Pentecost Army "Drive out the woodpecker (dialect)" in Monterubbiano (FM): Historical Parade and Joust of Ring to celebrate the birth of the Picanos' race.

May, Saturday 25: **LA VALLE DEI TRE SANTI (Three Saints' Valley).** From Piobbico di Sarnano (MC) Abbey to Pintura di Bolognola (MC) down an unknown but fascinating gorge. **Estimated time h (stops excluded): 4,00-4,30 h. Gap: 765 m. Difficulty: E.**

May, Saturday 25: **NIGHT HIKE ATA PIANI DI RAGNOLO.** Walking into a fairytale landscape in the pale light of the full moon up to look out over the Marche gentle hills from Pizzo Meta, the mountain of Sarnano (MC). **Estimated time (stops excluded): 2,30-3,00 h. Gap: 300 m. Difficulty: E.**

May, Sunday 26: **MONTE FALCONE AND THE "FESSA" OF SMERILLO.** A morning stroll about between Montefalcone Appennino (FM) and Smerillo (FM), through the lush forest of chestnut and pubescent oak until the magical atmosphere of the "Fessa". **Estimated time stops excluded): 2,00-2,30 h. Gap: 300 m. Difficulty: E.**

**For bookings, rates and info on equipment and clothing needed, time and place of departure:
Environmental Hiking Guide Dino Gazzani tel 380 3020147 --- dgazzani@libero.it
Professional Guide empowered by national and regional regulations and covered by R.C. insurance.**

**Note: this calendar may be changed because of adverse weather conditions.
Snowshoe walks will be made only if snow conditions of the selected places will be satisfying.
Any possible changes and new itineraries will be promptly communicated.**