

**APRIL 2015 HIKES CALENDAR**

**THE EASTER TIME AND THE VERNAL FLAVOURS**

**Saturday 4: CUGNOLO WOOD.** Easy walk in a strip of Maquis shrubland nearby Torre di Palme (FM), suspended on the Adriatic coast. **Estimated time: 1.30 h (stops excluded). Gap: 80 m. Difficulty: T.**

**Saturday 4: PRATI DI ALTINO BY NIGHT.** From Altino di Montemonaco Refuge to the overlooking fields under the fullmoon light: a particular viewpoint to admire the snowy peaks. **Estimated time: 2.30 h (stops excluded). Gap: 260 m. Difficulty: T.**

**Sunday 5: ALONG THE SENTIERO DEI MIETITORI.** From Rifugio di Altino (Altino Refuge) of Montemonaco (AP) to the church of S. Maria in Pantano, along the historical Sentiero dei Mietitori (Harvesters' Path), among the woods at the foot of the impressive eastern slope of Monte Vettore. **Estimated time: 3,00-3,30 h (stops excluded). Gap: 150 m. Difficulty: T/E (tourists/hikers).**

**Sunday 5: MONTEGALLO' MILLS PATH TO S. MARIA IN PANTANO.** Among the countless villages of Montegallo castled the feet of Monte Vettore to the Church of Sybils. **Estimated time: 3.00-3.30 h (stops excluded). Gap: 460 m. Difficulty: E.**

**Monday 6: EASTER MONDAY IN INFERNACCIO.** From Valleria di Rubbiano to the springs of Tenna River, framed among the most impervious peaks of Sibillini Mountains, through the wonderful S. Leonard beech wood. **Rise time 2,00-2,30 h (stops excluded), down 1,30-2,00 h (stops excluded). Gap: 350 m. Difficulty: E.**

**Saturday 11: MONTE CONERO SOUTH RING.** From Fonte dell'Olio of Sirolo (AN) to Passo del Lupo, privileged balcony over Due Sorelle Beach and the southern Marche coast. **Estimated time 3,30-4,00 h (stops excluded). Gap: 400 m. Difficulty: E.**

**Sunday 12: IN SEARCH OF WILD HERBS.** Walking in the woods between Collefalciano and Tallacano, districts of Acquasanta Terme (AP) in the heart of the mountainous range of Monte Ceresa, in company of Anna, the only resident inhabitant in Collefalciano, owner of B&B Cuore, who will make us rediscover the pleasure of collecting weeds, their qualities and their use. **Estimated time: 3,30-4,00 h (stops excluded). Gap: 350 m. Difficulty: E.**

**Saturday 18: MACCHIA DELLE TASSINETE.** Easy Walk in Cingoli (MC) wood, searching for its main tree species. **Estimated time (stops excluded): 3,00-3,30 h. Gap: 250 m. Difficulty: E**

**Sunday 19: VALLE DELLA SCUROSA as far as Montelago.** From shady valley at the foot of Monte Pennino with its magnificent beech forest to the aerial views of the Montelago Plateau. **Estimated time (stops excluded): 4,30-5,00 h. Gap: 555 m. Difficulty: E.**

**Saturday 25: VOLPARA AND PRATA WATERFALLS.** From Umito of Acquasanta Terme (AP) searching for the amazing water games given by Laga Mountains creeks. **Rise time: 3,00-3,30 h (stops excluded); down: 2,00-2,30 h (stops excluded). Gap: 660 m. Difficulty: EE.**

**Sunday 26: THE MONTAGNA DEI FIORI.** From the old ski resort of San Giacomo to the summit of Monte Girella, among lakes, beech and caciare (cheese factories) that make up the most beautiful balcony over the Marche-Abruzzo Apennines. **Rise time: 3,00-3,30 h, down: 2,00-2,30 h (stops excluded). Gap: 850 m. Difficulty: E.**

every Friday, **sunset hikes on Sibillini Mountains.**

every Saturday, in addition to what listed above, **night hikes "hunting" for stars.**

**For bookings, rates and info on equipment and clothing needed, time and place of departure:  
Environmental Hiking Guide Dino Gazzani tel (+39) 380 3020147 --- [info@marcheinspalla.com](mailto:info@marcheinspalla.com)  
Professional Guide empowered by national and regional regulations and covered by R.C. insurance.**

**Note: this calendar may be changed because of adverse weather conditions.  
Any possible changes and new itineraries will be promptly communicated.**