

THE TREASURES OF MARCHE: WALKING BETWEEN NATURE AND CULTURE

MARCHEINSPALLA.COM

AUGUST 2013 HIKES CALENDAR



Thursday 1: CONERO SOUTH RING. From Fonte dell'Olio of Sirolo (AN) to Passo del Lupo, privileged balcony over Due Sorelle Beach and the southern Marche coast. **Estimated time: 3,30-4,00 h (stops excluded). Gap: 400 m. Difficulty: E.**

Friday 2: THE STONE RING. From Piandelloro to Rocchetta through Agore, the Acquasanta Terme (AP) hamlet in the heart of hidden Apennines woods. **Estimated time: 2,00 h-3,00 h (stops excluded). Gap: 190 m. Difficulty: E.**

Saturday 3: LAME ROSSE, FRIARS' CAVE and FIASTRONE GORGES. From the amazing debris amphitheater and its red pinnacles down to the wild and hidden ravine downstream of Fiastra Lake dike (MC), passing by rebel friars' hermitage. **Rise time: 3,00-3,30 h (stops excluded), down: 2,00-2,30 h (stops excluded). Gap: 650 m. Difficulty: EE**

Sunday 4: THE ASCOLI HILL. From historical Porta Cartara near the Cartiera Papale (Papal Paper Mill) to Colle S. Marco plain, along the ancient mule track connecting Piceno Province Seat and its own mountain, visiting S. Marco's Hermitage. **Rise time 1,30-1,45 h (stops excluded) down: 1,00-1,15 h (stops excluded). Gap: 530 m. Difficulty: E.**

On the way back LA QUINTANA DI S. EMIDIO in Ascoli Piceno: Parade and Giostra della Quintana in the Bros. Squarcia playground situated in Porta Maggiore district. Further info about ticket prices: tel. 0736.244970. Mail to: ascoli.biglietteriateatro@email.it. Website:

http://www.ilpiceno.it/ascoli_piceno/dettaglioevento.aspx?progressivoevento=357

Tuesday 6: INFERNACCIO, S. LEONARD'S HERMITAGE and HIDDEN WATERFALL. Walk in the shade of beech trees from the sunny Valleria of Montefortino (FM) to the picturesque waterfall of Il Rio Creek, through the ravine carved by Tenna River and the pass where the Hermitage rises. **Time of going 1,45-2,00 h (stops excluded), return 1,30-1,45 h (stops excluded). Gap: 465 m. Hiking difficulty: E.**

Tuesday 6: SUNSET ON MONTE SIBILLA. Evening climb to the Mother Mountain from Refuge Sibilla of Montemonaco (AP) waiting for the sunset and the new moon night to rediscover the sky and its unique drawings. **Rise time 2,00-2,30 h (stops excluded), down 1,45-2,00 h (stops excluded). Dislivello: 630 m. Difficoltà E+.**

Thursday 8: PILATE'S LAKE from Focce di Montemonaco (AP). In the hearth of Sibillini Mountains, along their most popular valley, among legends and stories of necromancers, fairies and demons. **Rise time: 2,30-3,00 h (stops excluded), down: 1,30-2,00 h (stops excluded). Gap: 900 m. Difficulty: E.**

Friday 9: VOLPARA and PRATA WATERFALLS. From Umito of Acquasanta Terme (AP) searching for the amazing water games given by Laga Mountains creeks. **Rise time: 3,00-3,30 h (stops excluded); down: 2,00-2,30 h (stops excluded). Gap: 660 m. Difficulty: EE.**

Saturday 10: S. LAWRENCE NIGHT: SUNSET and STAR-HUNT ON CIMA DELLE PRATA. Evening climb to the top of the mountain northwards of Monte Vettore overhanging Altino (AP), enjoying the sunset on southern Marche and waiting for the falling stars. **Rise time 2,30-3,00 h (stops excluded), down 1,45-2,00 h (stops excluded). Gap: 800 m. Difficulty E.**

Sunday 11: MACERA DELLA MORTE. From Poggio of Spelonga (AP) to the only two-thousand meters high mountain of Marche in Laga Mountains, ancient border between pre-unification States. **Rise time 2,30-3,00 h (stops excluded), down 2,00-2,30 h (stops excluded). Gap: 620 m. Difficulty E.**

On the way back LA FESTA BELLA in Spelonga: the arrival of the tree from Laga Mountains, within the celebrations to commemorate the share of Spelonga people to Lepanto naval battle against the Ottoman Empire in 1571.

Monday 12: STAR-HUNT ON MONTE S. VICINO. From Piani di S. Vicino (MC) to the top, waiting for the falling stars. **Rise time 0,45-1,00 h (stops excluded), down 0,30-0,45 h (stops excluded). Gap: 300 m. Difficulty E.**

Tuesday 13: STAR-HUNT and SUNRISE ON MONTE VETTORE. Evening climb from Forca di Presta (AP) to the king of Sibillini, waiting for the falling stars and the rise of the sun from the sea. **Rise time 3,00-3,30 h (stops excluded), down 2,00-2,30 h (stops excluded). Gap: 940 m. Difficulty E.**

Thursday 15: LAME ROSSE, FRIARS' CAVE and FIASTRONE GORGES. From the amazing debris amphitheater and its red pinnacles down to the wild and hidden ravine downstream of Fiastra Lake dike (MC), passing by rebel friars' hermitage. **Rise time: 3,00-3,30 h (stops excluded), down: 2,00-2,30 h (stops excluded). Gap: 650 m. Difficulty: EE.**

**For bookings, rates and info on equipment and clothing needed, time and place of departure:
Environmental Hiking Guide Dino Gazzani tel (+39) 380 3020147 --- info@marcheinspalla.com
Professional Guide empowered by national and regional regulations and covered by R.C. insurance.**

**Note: this calendar may be changed because of adverse weather conditions.
Any possible changes and new itineraries will be promptly communicated.**

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Friday 16: MONTE PRIORA from INFERNACCIO. From Valleria Rubbiano (FM) to the most inaccessible summit in Sibillini Mountains, through S. Leonard's beech woods and Hermitage and the South-East rugged ridge. **Rise time 4,30-5,00 h (stops excluded), down 3.30-4,00 h (stops excluded). Gap: 1.560. Difficulty EE.**

Saturday 17: I LAGHETTI DI COLLE. From Colle di Arquata del Tronto (AP) to the little lakes hidden among its forests, particular witness of the last ice age and WWF's oasis. **Rise time 2,30-3,00 h (stops excluded), down: 1,30-1,45 h (stops excluded). Gap: 650 m. Difficulty E.** On the way back LA FESTA BELLA in Spelonga: the symbolic raising of the main mast by Spelonga people, part of the celebrations to commemorate their participation in the Lepanto battle against the Ottoman Empire in 1571.

Sunday 18: INFERNACCETTO DELL'AMBRO. From the Shrine of Madonna dell'Ambro (FM) to the narrow and fresh gorge at the foot of Roccacce, in the upper valley of Ambro Creek. **Rise time: 1,45-2,00 h (stops excluded), down: 1,30-1,45 h (stops excluded). Gap: 360. Difficulty E.** On the way back PROCESSION OF CANESTRELLE in Amandola (FM): historical pageant of the offer of grain to the Blessed Antonio.

Tuesday 20: MONTE BOVE RING. Walking in the kingdom of chamois, on the peaks that dominate Ussita (MC) and encircle one of the best preserved glacial valley in Monti Sibillini. **Estimated time: 5,00-5,30 h (stops excluded). Gap: 475 m. Difficulty: E**

Wednesday 21: NIGHT CLIMB AND SUNRISE ON MONTE PRIORA. Night climb from Fargno Refuge (MC) to the most inaccessible summit in Sibillini Mountains, in the charm of the full moon until the rising of a new day. **Rise time 2,15-2,30 h (stops excluded), down: 1,45-2,00 h (stops excluded). Gap: 520 m. Difficulty: E.**

Thursday 22: THE ACQUASANTA VALLEY. From Villa da Capo of Bolognola (MC) to the gorge located at the base of the impressive eastern slope of Monte Rotondo. **Rise time: 1,45-2,00 h (stops excluded), down: 1,30-1,45 h (stops excluded). Gap: 250 m. Difficulty: E.**

Friday 23: MONTE SIBILLA. From Sibilla Refuge of Montemonaco (AP) to the peak of the Mountain Mother of Sibillini in search of the roots of the myth. **Rise time 2,00 h-2.30 h (stops excluded), down 1.45 h-2.00 h (stops excluded). Gap: 630 m. Difficulty: E+.**

Saturday 24: AMONG THE VILLAGES OF FLUVIONE. In the cool of the woods at the feet of Monte Vettore, discovering the countless villages of Montegallo (AP) castled to its slopes and their hidden treasures. **Estimated time: 3.00-3.30 h (stops excluded). Gap: 460 m. Difficulty: E.**

Sunday 25: MONTE REVELLONE RING. From Falcioni di Genga (AN) up to the peak that bolts south of Rossa Gorge, through Grottafucile hermitage and local precious stone quarries, at the edge of Frasassi Gorge. **Estimated time: 5,15-5,45 h (stops excluded). Gap: 650 m. Difficulty: E.** On the way back IL PALIO DEI CAMPANARI (Bell Ringers' Palio) at Precicchie Castle (AN): a bell-sound challenge in the village contended in the Middle Age by Fabriano, Jesi and San Severino.

Tuesday 27: THE PETRIENNO CAVE. From Poggio Rocchetta of Acquasanta Terme (AP) to the evocative hidden cave, former refuge for shepherds, bandits, partisans and soldiers, in the heart of Monte Ceresa Group. **Estimated time: 2,30-3,00 h (stops excluded). Gap: 200 m. Difficulty: E.**

Wednesday 28: MONTE PRIMO. Walk on the edge of Piani di Montelago (MC) to the mounting dominating Pioraco, ancient prehistoric settlement. **Rise time: 1,45-2,00 h (stops excluded), down: 1,15-1,30 h (stops excluded). Gap: almost 400 m. Difficulty E.**

Friday 30: MONTE PORCHE, PALAZZO BORGHESE and SASSO BORGHESE. From ski complex of Monte Prata (MC) toward central two-thousand meters high mountains of Sibillini. **Rise time: 2,30-3,00 h (stops excluded); down: 1,45-2,00 h (stops excluded). Gap: 670 m. Difficulty: E.**

Saturday 31: MONTE BOVE RING. Walking in the kingdom of chamois, on the peaks that dominate Ussita (MC) and encircle one of the best preserved glacial valley in Monti Sibillini. **Estimated time: 5,00-5,30 h (stops excluded). Gap: 475 m. Difficulty: E**

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