

THE TREASURES OF MARCHE: WALKING BETWEEN NATURE AND CULTURE

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AUGUST 2014 HIKES CALENDAR

- Saturday 2: THE STONE RING.** In the hearth of Lost Apennine, strolling among Poggio Rocchetta, Rocchetta and Agore, three semi-abandoned settlements in the late 50's but absolutely fascinating. **Estimated time: 2,00-2,30 h (stops excluded). Gap: 200 m. Difficulty: E.**
- Sunday 3: THE MONTE SIBILLA.** From Sibilla Refuge of Montemonaco (AP) to the peak of the Mountain Mother of Sibillini in search of the roots of the myth. **Rise time: 2,00-2,30 h (stops excluded); down: 1,45-2,00 h (stops excluded). Gap: 630 m. Difficulty: EE.**
- Tuesday 7: MONTE NERO RING.** From Cingoli (MC) to the Lake of Castreccioni bordering the Monte Nero (Black Mount), the mountain-scenery of the Balcony of Marche and its Floristic Area, protected by Marche Region. **Estim. time: 4,00-4,30 h (stops excl). Gap: 450 m. Diff: E.**
- Friday 8: THE MONTE VETTORE.** From Forca di Presta to the top of the Lord of Sibillini, southern end of the chain that dominates the River Tronto upper valley. **Rise time: 2,45-3,15 h (stops excluded); down: 1,45-2,15 h (stops excluded). Gap: 930 m. Difficulty: E.**
- Saturday 9: LAGO DI PILATO (Pilate's Lake) from Foce di Montemonaco (AP).** In the hearth of Sibillini Mountains, along their most popular valley, among legends and stories of necromancers, fairies and demons. **Rise time: 2,30-3,00 h (stops excluded), down: 1,30-2,00 h (stops excluded). Gap: 900 m. Difficulty: E.**
- Sunday 10: AMONG THE VILLAGES OF FLUVIONE.** In the cool of the woods at the feet of Monte Vettore, discovering the countless villages of Montegallo (AP) castled to its slopes and their hidden treasures. **Estimated time: 3.00-3.30 h (stops excluded). Gap: 460 m. Diff.: E.**
- Sunday 10: S. LAWRENCE NIGHT: STAR-HUNT AT PRATI DI ALTINO.** Walk in the glow of the full moon waiting for shooting stars on the grounds above the hamlet of Altino di Montemonaco (AP). **Estimated time: 1,30-2,00 h (stops excluded). Gap: 300 m. Difficulty T/E.**
- Monday 11: NIGHT CROSSING OF MONTE CONERO.** From Poggio of Ancona to St. Michele beach in Sirolo, in the pale light of the full moon, in search of shooting stars and the many myths of the mountain suspended over the sea, with a final dive at sunrise! **Estimated time: 5,00-5,30 h (stops excluded). Rise gap: 250 m; down: 570 m. Difficulty: E.**
- Thursday 12: STAR-HUNT AT PANTANI DI ACCUMOLI.** In search of shooting stars on the hills surrounding the valley of the lakes frequented by several animals. **Estimated time: 2,30-3,00 h (stops excluded). Gap: 360 m. Difficulty: T/E.**
- Wednesday 13: STAR-HUNT AND SUNRISE ON MONTE VETTORE.** Evening ascent from Forca di Presta (AP) to the highest peak of the Sibillini, waiting for the shooting stars and for the sunrise from the sea. **Rise time 3,00-3,30 h (stops excl); down: 2,00-2,30 h (stops excluded). Gap: 940 m. Difficulty: E.**
- Tuesday 14: STAR-HUNT ON MONTE IGNO.** From Montelago (MC) to the peak that borders the southern side of its Plans, waiting for the shooting stars. **Estimated time: 2,00-2,30 h (stops excluded). Gap: 480 m. Difficulty: E.**
- Friday 15: FEAST OF THE ASSUMPTION IN THE COOL OF ALTINO WOODS..** From Refuge of Altino of Montemonaco (AP) to the Church of S. Maria in Pantano through Vallegrascia, along the Path of "Cacce" (Hunts) and the historic Sentiero dei Mietitori (Path of the Harvesters). **Estimated time: 4,00-4,30 h (stops excluded). Gap: 450 m. Difficulty: E.**
- Saturday 16: THE MONTE PRIORA from Vetice.** From Vetice (FM) to the most inaccessible peak of the Sibillini Mountains, across the southern slope and the sun of Samara holm-oak wood and return along the northern slope of Pizzo, in the freshness of its beeches. **Rise time: 4,30-5,00 h (stops excluded); down: 3,30-4,00 h (stops excluded). Gap: 1.520 m. Difficulty: EE.**
- Sunday 17: ON DISCORD MEADOWS.** From City of Amandola Refuge on the heights above Garulla to the summit of Monte Castel Manardo through Monte Amandola, suspended over the Ambro valley, in the shadow of the imposing bulk of Monte Priora, formerly disputed territories among neighboring villages in perpetual war the one against the other. **Rise time: 2,00-2,30 h (stops excluded); down: 1,45-2,15 h (stops excluded). Gap: 790 m. Difficulty: E.**
- Tuesday 21: FROM THE INFERNACCIO GORGES TO CAPOTENNA.** From the narrow and cool canyon carved by the River Tenna to the flowering meadows of its sources, surrounded by the highest mountains. **Rise time: 2,00-2,30 h (stops excluded); down: 1,30-1,45 h (stops excluded). Gap: 350 m. Difficulty: E.**
- Friday 22: VOLPARA and PRATA WATERFALLS.** From Umito of Acquasanta Terme (AP) searching for the amazing water games given by Laga Mountains creeks. **Rise time: 2,30-3,00 h (stops excluded); down: 1,45-2,00 h (stops excluded). Gap: 660 m. Difficulty: EE.**
- Saturday 23: LAGO DI PILATO (Pilate's Lake) from Foce di Montemonaco (AP).** In the hearth of Sibillini Mountains, along their most popular valley, among legends and stories of necromancers, fairies and demons. **Rise time: 2,30-3,00 h, down: 1,30-2,00 h. Gap: 900 m. Diff.: E.**
- Sunday 24: MONTE CONERO SOUTH RING.** From Fonte dell'Olio of Sirolo (AN) to Passo del Lupo, privileged balcony over Due Sorelle Beach and the southern Marche coast. **Estimated time: 3,30-4,00 h (stops excluded). Gap: 400 m. Difficulty: E.**
- Monday 25: SUNSET ON PIANI DI RAGNOLO.** Walking at sunset to Pizzo Meta and Punta del Ragnolo, natural balconies over Sarnano (MC) overlooking the southern Marche, waiting for the newmoon-night to enjoy the celestial vault and recognize its constellations. **Estimated time: 2,00 h-2,30 h. Gap: 300 m. Difficulty: E.**
- Friday 29: THE MONTAGNA DEI FIORI (The Flowers Mountain).** From the old ski resort of St. Giacomo to the summit of Monte Girella, among lakes, beeches and Caciare (Cheese Factories) constituting the most beautiful balcony over Marche-Abruzzi Apennines. **Rise time: 3,00-3,30 h (stops excluded), down: 2,00-2,30 h (stops excluded). Gap: 850 m. Difficulty: E.**
- Saturday 30: THE MONTE SIBILLA.** From Sibilla Refuge of Montemonaco (AP) to the peak of the Mountain Mother of Sibillini in search of the roots of the myth. **Rise time: 2,00-2,30 h (stops excluded), down: 1,45-2,00 h (stops excluded). Gap: 630 m. Difficulty: EE.**
- Sunday 31: MONTE PORCHE, PALAZZO BORGHESE and SASSO BORGHESE.** From ski complex of Monte Prata (MC) toward central two-thousand meters high mountains of Sibillini. **Rise time: 2,30-3,00 h (stops excl); down: 1,45-2,00 h (stops excl). Gap: 670 m. Difficulty: E.**

For bookings, rates and info on equipment and clothing needed, time and place of departure:
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