

**FEBRUARY 2015 HIKES CALENDAR**

**THE PEACE OF THE SNOW AND THE JOYFULL CARNIVAL NOISE**

**Sunday 8: ALONG THE SENTIERO DEI MIETITORI.** From Rifugio di Altino (Altino Refuge) of Montemonaco (AP) to the church of S. Maria in Pantano, along the historical Sentiero dei Mietitori (Harvesters' Path), among the woods at the foot of the impressive eastern slope of Monte Vettore. **Estimated time: 3,00-3,30 h (stops excluded).** Gap: 150 m. **Difficulty: T/E (tourists/hikers).** **In case of snow, snowshoe walk on the same path!**

**Sunday 8: SNOWSHOE WALK IN VAL CANATRA.** From Castelluccio of Norcia (PG) to Poggio di Croce, going up the side valley of Pian Perduto (Lost Plain) to admire the winter scenery of the Plains. **Estimated time: 5,00-5,30 h (stops excluded).** Gap: 500 m. **Difficulty: EAI (hiking in snowy environment).**

**Thursday 12: MONTE DELL'ASCENSIONE .... WITH RED NOSE!** From Polesio of Ascoli Piceno to the top of ancient Black Mount whose profile recalls different figures and ancient myths. **Time of going 2,00-2,30 h, return 1,15-1,30 h (stops excluded).** Gap: 650 m. **Difficulty: E (hikers).**  
On the way back **CARNEVALE A CASTIGNANO** (Carnival in Castignano): Fair of "Pizza Onta" (Greasy Pizza)!

**Saturday 14: AT THE FOOT OF THE ODD MOUNTAIN .... WITH RED NOSE!** Walk around Pian dell'Elmo of Apiro (MC) on the slopes of Monte S. Vicino, instinctive relief of Marche Apennine encircled by age-old woods, point of reference from all over the Region. **Estimated time: 3,30-4,00 h (stops excluded).** Gap: 400 m. **Difficulty: E (hikers).** **In case of snow, snowshoe walk on other path!**

**Sunday 15: ALONG THE SENTIERO DEI MIETITORI .... WITH RED NOSE!** From Rifugio di Altino (Altino Refuge) of Montemonaco (AP) to the church of S. Maria in Pantano, along the historical Sentiero dei Mietitori (Harvesters' Path), among the woods at the foot of the impressive eastern slope of Monte Vettore. **Estimated time: 3,00-3,30 h (stops excluded).** Gap: 150 m. **Difficulty: T/E (tourists/hikers).** **In case of snow, snowshoe walk on the same path!**

**Sunday 15: SNOWSHOE WALK WITH RED NOSE AT PANTANI DI ACCUMOLI (Accumoli Marshes).** From Forca Canepine of Arquata del Tronto (AP) to the frozen lakes at the foot of Monte dei Signori (Mount of Lords), on the tracks of wild animals. **Estimated time: 3,30-4,00 h (stops excluded).** Gap: 200 m. **Difficulty: EAI (hiking in snowy environment).**

**Tuesday 17: S. MARC HERMITAGE RING .... WITH RED NOSE!** From Piaggie of Ascoli Piceno to Blessed Conrad's Cave, through St. Marc's Hermitage and the Devil's Finger. **Estimated time: 2.15 h-2.30 h (stops excluded).** Gap: 260 m. **Difficulty: T/E (tourists/hikers).** **In case of snow, snowshoe walk on the same path!**  
In the afternoon: **CARNEVALE IN PIAZZA AD ASCOLI PICENO!** (Carnival in Ascoli Piceno)

**Saturday 21: SNOWSHOE WALK ON PIANI DI RAGNOLO.** From S. Maria Maddalena to Punta del Ragnolo, natural balcony overlooking the southern Marche over Sarnano (MC). **Estimated time: 3,00 h (stops excluded).** Gap: 300 m. **Difficulty: EAI (hiking in snowy environment).**

**Sunday 22: DECATHLON SNOWSHOE WALK AT PANTANI DI ACCUMOLI (Accumoli Marshes).** From Forca Canepine of Arquata del Tronto (AP) to the frozen lakes at the foot of Monte dei Signori (Mount of Lords), on the tracks of wild animals, in collaboration with VerdAvventura and Decathlon-S. Benedetto del Tronto. **Estimated time: 3,30-4,00 h (stops excluded).** Gap: 200 m. **Difficulty: EAI (hiking in snowy environment).**

**Saturday 28: SNOWSHOE WALK IN VAL CANATRA.** From Castelluccio of Norcia (PG) to Poggio di Croce, going up the side valley of Pian Perduto (Lost Plain) to admire the winter scenery of the Plains. **Estimated time: 5,00-5,30 h (stops excluded).** Gap: 500 m. **Difficulty: EAI (hiking in snowy environment).**

**March, Sunday 1: CHILDREN-SNOWSHOE WALK AT PANTANI DI ACCUMOLI (Accumoli Marshes).** Special snowshoe walk for children: from Forca Canepine of Arquata del Tronto (AP) to the frozen lakes at the foot of Monte dei Signori (Mount of Lords), on the tracks of wild animals. **Estimated time: 3,30-4,00 h (stops excluded).** Gap: 200 m. **Difficulty: EAI (hiking in snowy environment).**

Furthermore:

every Friday, **sunset hikes on Sibillini Mountains**, possibly with snowshoes.

every Saturday, in addition to what listed above, **night hikes "hunting" for stars**, possibly with snowshoes.

**For bookings, rates and info on equipment and clothing needed, time and place of departure:  
Environmental Hiking Guide Dino Gazzani tel (+39) 380 3020147 --- [info@marcheinspalla.com](mailto:info@marcheinspalla.com)  
Professional Guide empowered by national and regional regulations and covered by R.C. insurance.**

**Note: this calendar may be changed because of adverse weather conditions.  
Any possible changes and new itineraries will be promptly communicated.**