

THE TREASURES OF MARCHE: WALKING BETWEEN NATURE AND CULTURE

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JUNE 2013 HIKES CALENDAR TOWARDS SUMMER



June, Saturday 1: **IN SEARCH OF LOST APENNINES**. From Tallacano of Acquasanta Terme (AP) up to Pizzo dell'Arco, among chestnut woods and picturesque views of Tronto valley. **Estimated time: 3,30-4,00 h (stops excluded)**. Gap: 450 m. Difficulty: E.

June, Sunday 2: **PILATE'S LAKE from Foce di Montemonaco (AP)**. In the hearth of Sibillini Mountains, along their most popular valley, among legends and stories of necromancers, fairies and demons. **Rise time: 2,30-3,00 h (stops excluded), down: 1,30-2,00 h (stops excluded)**. Gap: 900 m. Difficulty: E.

June, Saturday 8: **SUNSET ON MONTE S. VICINO**. Evening climb in the sunset lights from Prati di S. Vicino (MC) up to the most particular Peak in Marchesean ridge, waiting for the newmoon night to admire the starry celestial vault and recognise its constellations. **Rise time: 1,00-1,30 h (stops excluded), down: 0,45-1,00 h (stops excluded)**. Gap: 370 m. Difficulty: E

June, Sunday 9: **LAME ROSSE, FRIARS' CAVE and FIASTRONE GORGES**. From the spectacular debris amphitheater with its pinnacles down to the wild and hidden ravine downstream of Fiastra Lake dam (MC), passing by rebel friars' hermitage. **Estimated time: 4.30 h-5.00 h (stops excluded)**. Gap: 450 m. Difficulty: E.

June, Saturday 15: **S. EUSTACHIO'S CAVES and MADONNA DEL MONTE HERMITAGE**. Hike from S. Severino Marche (MC) gates, along the ancient medieval road to Camerino, up to the sanctuary at the foot of Monte d'Aria. **Estimated time: 4,45-5,15 h (stops excluded)**. Gap: 650 m. Difficulty: E.

June, Sunday 16: **MONTE REVELLONE RING**. From Falcioni di Genga (AN) up to the peak that bolts south of Rossa Gorge, through Grottafucile hermitage and local precious stone quarries, at the edge of Frasassi Gorge. **Estimated time: 5,15-5,45 h (stops excluded)**. Gap: 650 m. Difficulty: E.

June, Thursday 20: **8th STAGE OF G.A.S. (GREAT SIBILLINI RING) for PIANI DI CASTELLUCCIO FLOWERING**. From Colle Le Cese (AP) to Campi Vecchio (PG), along the mountains encircling Piani di Castelluccio and overcoming Norcia. **Estimated time: 5,30-6,00 h (stops excluded)**. Rise gap: 450 m, down gap: 1090 m. Difficulty: E.

June, Saturday 22: **PIAN PERDUTO AND MONTE ABUZZAGO for PIANI DI CASTELLUCCIO FLOWERING**. Walking around Pian Perduto along the ancient border between Norcia (PG) and Visso (MC), up to the rises preceding Vettore Group bulwarks to enjoy the view of flowered Piani di Castelluccio. **Estimated time 2,15-2,45 h (stops excluded)**. Gap: 310 m. Difficulty: E.

June, Saturday 22: **NIGHT-HIKE TO PANTANI DI ACCUMOLI**. Excursion under the full moonlight on the rises encircling the hollow with its lakes frequented by several animals. **Estimated time 2,30-3,00 h (stops excluded)**. Gap: 360 m. Difficulty: E.

June, Sunday 23: **MONTE ARGENTELLA for PIANI DI CASTELLUCCIO FLOWERING**. From Fonte S. Lorenzo (MC) in Pian Perduto up to barely popular Peak northward of Forca Viola, along the ancient Imperial road that joined Castelluccio and Foce di Montemonaco, to observe Pian Grande di Castelluccio flowering. **Rise time: 2,30-3,00 h (stops excluded), down: 1,30-2,00 h (stops excluded)**. Gap: 730 m. Difficulty: E.

June, Saturday 29: **VAL CANATRA for PIANI DI CASTELLUCCIO FLOWERING**. Easy excursion around Castelluccio di Norcia (PG) rises to admire the incomparable beauty of its Piani in full flowering. **Estimated time: 3,00-3,30 h (stops excluded)**. Gap: 330 m. Difficulty: E.

June, Sunday 30: **SUSPENDED OVER THE ANCIENT LAKE for PIANI DI CASTELLUCCIO FLOWERING**. The most panoramic crossing around Pian Grande in full flowering, from Rifugio Perugia to Castelluccio di Norcia (PG). **Estimated time: 3,30-4,00 h (soste escluse)**. Gap: 410 m. Difficulty: E

Furthermore:

every Tuesday hikes on **MONTE SIBILLA**, from Rifugio Sibilla of Montemonaco (AP). **Rise time: 2,00-2,30 h (stops excluded), down: 1,45-2,00 h (stops excluded)**. Gap: 630 m. Difficulty: E.

every Wednesday hikes to **INFERNACCIO, S. LEONARD'S HERMITAGE and HIDDEN WATERFALL**, from Rubbiano of Montefortino (FM). **Rise time: 1,45-2,00 h (stops excluded), down: 1,30-1,45 h (stops excluded)**. Gap: 465 m. Difficulty: E.

**For bookings, rates and info on equipment and clothing needed, time and place of departure:
Environmental Hiking Guide Dino Gazzani tel (+39) 380 3020147 --- info@marcheinspalla.com
Professional Guide empowered by national and regional regulations and covered by R.C. insurance.**

**Note: this calendar may be changed because of adverse weather conditions.
Any possible changes and new itineraries will be promptly communicated.**