

Saturday 5: THE ASCOLI HILL. From historical Porta Cartara in Ascoli Piceno to Colle S. Marco through Piaggie, along the ancient mule track that winds up through the woods and that is the way that the Ascolans still follow to reach the plateau during major celebrations for April 25. **Rise time: 2,00-2,15 h, down: 1,30-1,45 h (stops excluded). Gap: 530 m. Difficulty: E.**

On the way back, LA QUINTANA in Ascoli Piceno: reading of the challenge proclamation through the streets and the squares of the city center and "Race of the flag wavers" in Piazza Arringo.

Sunday 6: MONTE ARGENTELLA for PIANI DI CASTELLUCCIO FLOWERING. From Pian Grande di Castelluccio (PG) to barely popular Peak northward of Forca Viola, along the ancient Imperial road that joined Castelluccio and Foce di Montemonaco, to observe Pian Grande di Castelluccio flowering. **Rise time: 2,30-3,00 h (stops excluded), down: 1,30-2,00 h (stops excluded). Gap: 730 m. Difficulty: E.**

Saturday 12: PILATE'S LAKE from Foce di Montemonaco (AP). In the hearth of Sibillini Mountains, along their most popular valley, among legends and stories of necromancers, fairies and demons. **Rise time: 2,30-3,00 h (stops excluded), down: 2,00-2,30 h (stops excluded). Gap: 950 m. Difficulty: E.**

Sunday 13: MONTE S. VICINO from Elcito. From perched and lonely hamlet of S. Severino Marche (MC) to the most distinguishing peak of this stretch of the Marche Apennines. **Estimated time: 4,00-4,30 h (stops excluded). Gap: 600 m. Difficulty: E.**

Saturday 19: COLLE LAKES. From Colle di Arquata del Tronto (AP) to the little lakes hidden among its forests, particular witness of the last ice age, WWF oasis and natural environment of the great crested newt. **Rise time 2,30-3,00 h (stops excluded), down: 1,30-1,45 h (stops excluded). Gap: 650 m. Difficulty E.**

Sunday 20: LAME ROSSE, FRIARS' CAVE and FIASTRONE GORGES. From the spectacular debris amphitheater with its pinnacles down to the wild and hidden ravine downstream of Fiastra Lake dam (MC), passing by rebel friars' hermitage. **Rise time: 3,00-3,30 h (stops excluded), down: 2,00-2,30 h (stops excluded). Gap: 650 m. Difficulty: EE.**

On the way back, ARTISTRADA at Colmurano (MC): street arts festival inside one of the best preserved medieval towns in the Province of Macerata.

Saturday 26: St. LIBERATO RING. From San Liberato Convent (MC) to the "Little Flowers of St. Francis" hermitage, as far as the hill of Fiastrella Stream dicht. **Estimated time 4,00 h-4,15 h (stops excluded). Gap: 530 m. Difficulty E.**

Saturday 26: EVENING-HIKE TO PIANI DI RAGNOLO. Walking at sunset to Pizzo Meta and Punta del Ragnolo, natural balconies over Sarnano (MC) overlooking the southern Marche, waiting for the newmoon-night to enjoy the celestial vault and recognize its constellations. **Estimated time: 2,00 h-2,30 h. Gap: 300 m. Difficulty: E.**

Sunday 27: MONTE BOVE RING. Walking in the kingdom of chamois, on the peaks that dominate Ussita (MC) and encircle one of the best preserved glacial valley in Monti Sibillini. **Estimated time: 5,00-5,30 h (stops excluded). Gap: 475 m. Difficulty: E.**

On the way back TORNEO DELLE GUAITE at Visso (MC): 1.200-1.300's historical tournament characterized by archery competition among former five "guaitas" (districts) of Visso.

Furthermore:

every **Tuesday** hikes on **MONTE SIBILLA**, from Rifugio Sibilla of Montemonaco (AP). **Rise time: 2,00-2,30 h (stops excluded), down: 1,45-2,00 h (stops excluded). Gap: 630 m. Difficulty: E.**

every **Wednesday** hikes to **INFERNACCIO, S. LEONARD'S HERMITAGE and HIDDEN WATERFALL**, from Rubbiano of Montefortino (FM). **Rise time: 1,45-2,00 h (stops excluded), down: 1,30-1,45 h (stops excluded).**

**For bookings, rates and info on equipment and clothing needed, time and place of departure:
Environmental Hiking Guide Dino Gazzani tel (+39) 380 3020147 --- info@marcheinspalla.com
Professional Guide empowered by national and regional regulations and covered by R.C. insurance.**

**Note: this calendar may be changed because of adverse weather conditions.
Any possible changes and new itineraries will be promptly communicated.**