

THE TREASURES OF MARCHE: WALKING BETWEEN NATURE AND CULTURE

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JUNE 2015 HIKES CALENDAR

TOWARDS SUMMER

Monday 1: LAGO DI PILATO (Pilate's Lake) from Foce of Montemonaco (AP). In the hearth of Sibillini Mountains, along their most popular valley, among legends and stories of necromancers, fairies and demons. Rise time: 2,30-3,00 h, down: 1,30-2,00 h. Gap: 900 m. Difficulty: E.

Monday 1: I PIANI DI ALTINO by night. Easy walk above sopra Altino di Montemonaco, in search of unusual landscape provided by the fullmoon night. Rise time: 1,00-1,30 h (stops excluded), down: 0,30-0,45 h (stops excluded). Dislivello: 300 Gap. Difficulty T.

Tuesday 2: THE INFERNACCIO AND St. LEONARD'S HERMITAGE UP TO THE HIDDEN WATERFALL. Pleasant walk in the wonderful beech forest upstream of the Gorge dug by River Tenna, up to the hermitage build up by Father Pietro and the picturesque waterfall made by Il Rio Stream. Rise time: 1,45-2,00 h (stops excluded), down: 1,30-1,45 h (stops excluded). Dislivello: 470 Gap. Difficulty E.

Saturday 6: PIANI DI CANFAITO. From Braccano, district of Matelica (MC), famous because of its mural paintings, to the beech wood overcoming the calcareous plateau, the heart of ancient Riotis Abbey preemptions. Estimated time: 3,30-4,00 h (stops excluded). Gap: 435 m. Difficulty E

Sunday 7: VOLPARA and PRATA WATERFALLS. From Umito of Acquasanta Terme (AP) searching for the amazing water games given by Laga Mountains creeks. Rise time: 2,30-3,00 h (stops excluded); down: 1,45-2,00 h (stops excluded). Gap: 660 m. Difficulty: EE.

Saturday 13: S. EUSTACHIO'S CAVES and MADONNA DEL MONTE HERMITAGE. Hike from S. Severino Marche (MC) gates, along the ancient medieval road to Camerino, up to the sanctuary at the foot of Monte d'Aria. Estimated time: 4,45-5,15 h (stops excluded). Gap: 650 m. Difficulty: E.

Saturday 13: EVENING-HIKE ON PIANI DI RAGNOLO. Walking at sunset to Punta del Ragnolo, natural balcony over Sarnano (MC) overlooking the southern Marche, waiting for the newmoon-night to enjoy the celestial vault and recognize its constellations. Estimated time: 2,00 h-2,30 h. Gap: 300 m. Difficulty: E.

Sunday 14: MONTE REVELLONE RING. From Falcioni di Genga (AN) up to the peak that bolts south of Rossa Gorge, through Grottafucile hermitage and local precious stone quarries, at the edge of Frasassi Gorge. Estimated time: 5,15-5,45 h (stops excluded). Gap: 650 m. Difficulty: E.

Sunday 14: MONTE CONERO SOUTHERN RING. From Fonte dell'Olio through the top of the Mount, the Southern Belvedere (view point), Mortarolo Cave and Passo del Lupo. It is possible to visit the Camerano Caves nearby. Estimated time: 3,30-4,00 h (stops excluded). Gap: 310m. Difficulty: E.

Saturday 20: PIAN PERDUTO AND MONTE ABUZZAGO for PIANI DI CASTELLUCCIO FLOWERING. Walking around Pian Perduto along the ancient border between Norcia (PG) and Visso (MC), up to the rises preceding Vettore Group bulwarks to enjoy the view of flowered Piani di Castelluccio. Estimated time: 2,15-2,45 h (stops excluded). Gap: 310 m. Difficulty E.

Sunday 21: PILATE'S LAKE from Fonte S. Lorenzo for PIANI DI CASTELLUCCIO FLOWERING. From Fonte San Lorenzo in the Pian Perduto to the damned Lake thorough Forca Viola, passing from the breathtaking views of the Plains of Castelluccio colored by the Flowering to the suggestive scenarios of Lake Valley. Rise time: 2,30-3,00 h (stops excluded), down: 2,00-2,30 h (stops excluded). Gap: 890 m. Difficulty: E.

Saturday 27: MONTE SIBILLA. From the Refuge Sibilla (Sibyl) to the top of the Mountain of Lady Sibyl: a walk among the nature, the history and the legend that it has been fascinating all the travellers for centuries. Rise time: 2,00-2,30 h (stops excluded), down: 1,45-2,00 h (stops excluded). Gap: 630 m. Difficulty: EE.

Saturday 27: VAL CANATRA for PIANI DI CASTELLUCCIO FLOWERING. Easy excursion around Castelluccio di Norcia (PG) rises to admire the incomparable beauty of its Piani in full flowering. Estimated time: 3,00-3,30 h (stops excluded). Gap: 330 m. Difficulty: E.

Sunday 28: SUSPENDED OVER THE ANCIENT LAKE for PIANI DI CASTELLUCCIO FLOWERING. The most panoramic crossing around Pian Grande in full flowering, from Rifugio Perugia to Castelluccio di Norcia (PG). Estimated time: 3,30-4,00 h (soste escluse). Gap: 410 m. Difficulty: E

Furthermore: every Tuesday hikes on **MONTE SIBILLA**, from Rifugio Sibilla of Montemonaco (AP). Rise time: 2,00-2,30 h (stops excluded), down: 1,45-2,00 h (stops excluded). Gap: 630 m. Difficulty: E.

every Wednesday hikes to **INFERNACCIO, S. LEONARD'S HERMITAGE and HIDDEN WATERFALL**, from Rubbiano of Montefortino (FM). Rise time: 1,45-2,00 h (stops excluded), down: 1,30-1,45 h (stops excluded). Gap: 465 m. Difficulty: E.

For bookings, rates and info on equipment and clothing needed, time and place of departure:
Environmental Hiking Guide Dino Gazzani tel (+39) 380 3020147 --- info@marcheinspalla.com
Professional Guide empowered by national and regional regulations and covered by R.C. insurance.

Note: this calendar may be changed because of adverse weather conditions.
Any possible changes and new itineraries will be promptly communicated.