

MAY 2015 HIKES CALENDAR

THE VERNAL FLAVOURS AND COLOURS

Friday 1: FLUVIONE WATERFALL. From Astorara of Montegalloy (AP) to the Sources of Stream Fluvione, below the top of Monte Vettore, in search of the waterfall feeding Colleluce Ditch. **Estimated time: 1,30-2,00 h (stops excluded). Gap: 320 m. Difficulty: T/E.**

Saturday 2: THE MONTE SIBILLA. From Sibilla Refuge of Montemonaco (AP) to the peak of the Mountain Mother of Sibillini in search of the roots of the myth. **Rise time 2,00-2,30 h (stops excluded), down 1,45-2,00 h (stops excluded). Gap: 630 m. Difficulty: EE.**

Sunday 3: CARCHOAL PATH. Along the ancient carchoal burners' routes above Altino of Montemonaco (AP), on the slopes of Monte Banditello. **Estimated time: 3,00-3,30 h (stops excluded). Gap: 450 m. Difficulty: E.**

Saturday 9: MACCHIA DELLE TASSINETE. Easy Walk in Cingoli (MC) wood, searching for its main tree species. **Estimated time (stops excluded): 3,00-3,30 h. Gap: 250 m. Difficulty: T**

Sunday 10: IN SEARCH OF WILD HERBS. Walking in the woods between Collefalciano and Tallacano, districts of Acquasanta Terme (AP) in the heart of the mountainous range of Monte Ceresa, in company of Anna, the only resident inhabitant in Collefalciano, owner of B&B Cuore, who will make us rediscover the pleasure of collecting weeds, their qualities and their use. **Estimated time: 3,30-4,00 h (stops excluded). Gap: 350 m. Difficulty: E.**

Saturday 16: SMERILLO WOOD. Easy walk through chestnut and oak wood traverso i boschi di castagno e roverella between the villages of Montefalcone Appennino and Smerillo, up to edge of the cliff that offers wonderful views from Monte Catria to Maiella Group. **Estimated time (stops excluded): 3,00 h. Gap: 250 m. Difficulty: T**

Saturday 16: SUNSET ON POGGIO OF MONTE FRAITUNNO. Along Rubbiano of Montefortino (FM) Nature-path up to the rise below Monte Zampa to watch the starry sky with the naked eye in the night before the newmoon one. **Estimated time: 3,00-3,30 h (stops excluded). Gap: 350 m. Difficulty: E.**

Sunday 17: LAGO DI PILATO (Pilate's Lake) from Foce of Montemonaco (AP). In the hearth of Sibillini Mountains, along their most popular valley, among legends and stories of necromancers, fairies and demons. **Rise time: 2,30-3,00 h, down: 1,30-2,00 h. Gap: 900 m. Difficulty: E.**

Saturday 23: HERMITAGE OF ACQUARELLA from Albacina. Discovering the ancient Franciscan hermitage through the dense woods above the old Roman village "Tuficum", up to the slopes of Monte Maltempo to enjoy the lovely view on Fabriano basin (AN) and its surroundings. **Estimated time: 4,00-4,30 h (stops excluded). Gap: 690 m. Difficulty: E.**

Sunday 24: CROSSING OF THE MONTE CONERO. From Poggio of Ancona to Passo del Lupo (Wolf Pass) through the two Belvederes and the church of S. Pietro al Conero and return through the Ditch of S. Lorenzo, Pian dei Raggetti and Pian Grande, in discovering the hidden and suggestive spots of the Mountain on the sea! **Estimated time: 5,00-5,30 h (stops excluded). Gap: 650 m. Difficulty: E.**

Saturday 30: LAGO DI GEROSA (Gerosa Lake). An easy walk along the rivers of the Lake found out upstream Comunanza (AP), natural entrance to Sibillini Mountains and visit to the amazing roman church of S. Giorgio all'Isola. **Estimated time: 2,00-2,30 h (stops excluded). Gap: 100 m. Difficulty: T.**

Sunday 31: MONTEGALLO MILLS PATH UP TO S. MARIA IN PANTANO. Among the countless villages of Montegalloy (AP) laying along the upper Valley of Stream Fluvione, at the foot of Monte Vettore, up to Sybills' Church. **Estimated time: 2,30-3,00 h (stops excluded). Gap: 230 m. Difficulty: T/E.**

Sunday 31: ALONG THE PATHS OF THE HUNTING PLACES AND THE HARVESTERS. From the Refuge of Altino of Montemonaco (AP) to the lovely church of S. Maria in Pantano through Vallegrascia, along the Sentiero delle Cacce (Path of the Hunting Places) and the historical Sentiero dei Mietitori (Path of the Harvesters), among the woods at the foot of the impressive eastern slope of Monte Vettore. **Estimated time: 4,00 h-4,30 h (stops excluded). Gap: 500 m. Difficulty: E.**

every Friday, **sunset hikes on Sibillini Mountains.**

every Saturday, in addition to what listed above, **night hikes "hunting" for stars.**

**For bookings, rates and info on equipment and clothing needed, time and place of departure:
Environmental Hiking Guide Dino Gazzani tel (+39) 380 3020147 --- info@marcheinspalla.com
Professional Guide empowered by national and regional regulations and covered by R.C. insurance.**

**Note: this calendar may be changed because of adverse weather conditions.
Any possible changes and new itineraries will be promptly communicated.**