



**Saturday 6th: TORRE DI PALME AND CUGNOLO WOOD.** Easy walk in a strip of Maquis shrubland nearby Torre di Palme, suspended on the Adriatic coast. Round-walk time: 1 h 00' - 1 h 30' (excluding stops). Difference in altitude: 80 m. Hiking difficulty: T (touristic).

**Sunday 7th: MONTEGALLO MILLS PATH.** Among the countless villages of Montegallo castled the feet of Monte Vettore. Estimated time: 3 h 00' - 3 h 30' (stops excluded). Uphill gap: 350 m. Hiking difficulty: E (hiking).

**Saturday 13th: AROUND THE OLD VILLAGE.** Full visit of the area around Castel Trosino, village perched on a travertine outcrop overlooking the course of the Torrente Castellano, discovering forest and aquatic surrounding environments. Round-walk time: 3 h 00' - 3 h 30' (excluding stops) Difference in altitude: 260 m. Hiking difficulty: E (hiking).

**Sunday 14th: VALLE DELLA SCUROSA as far as Montelago.** From the shady valley at the foot of Monte Pennino with its magnificent beech forest to the aerial views of the Montelago Plateau (MC). Estimated time 4 h 30' - 5 h 00' (stops excluded). Uphill gap: 555 m. Hiking difficulty: E (hiking).

**Saturday 20th: MONTE CONERO NORTHERN RING.** From the former quarry of Massignano (AN) to Northern Belvedere through Pian dei Raggetti and S. Pietro al Conero, flying as a bird on Adriatic Sea. Estimated time: 3 h 30' - 4 h 00' (stops excluded). Uphill drop: 320 m. Hiking difficulty: E (hiking).

**Sunday 21th: AROUND MONTE FEMMA and LUNCH IN SHELTER.** A walk on the heights of Fematre of Visso (MC), just outside the Sibillini National Park, in a uncrowded area, very impressive for natural and landscape features. We will also have lunch in the little but lovely and recently restored Saliere Refuge! Estimated time: 3 h 00' - 4 h 00' (stops excluded). Uphill gap: 300 m. Hiking difficulty: E (hiking).

**Friday 26th: NIGHT-WALK AT MONTE CONERO.** In the newmoon night from S. Pietro al Conero to the northern Belvedere to admire the starry vault and recognize the constellations. Estimated time: 2 h 00' - 2 h 30' (stops excluded). Gap: 160 m. Hiking difficulty: T (touristic).

**Saturday 26th: THE ROCCACCIA OF S. LORENZO AND THE CAVE OF S. SPERANDIA.** On the southern spur of Cingoli mountain, a few steps from Treia, between fortification ruins and karst caves that housed the ascetic life of the Saint venerated by Cingoli people. Round-walk time: 2 h 30' - 3 h 00' (excluding stops). Difference in altitude: 440 m. Hiking difficulty: E (hiking).

**Saturday 26th: NIGHT WALK ON MONTELAGO PLAINS.** In the evening that follows the new moon night, a short walk on the heights of Montelago (MC) to observe the starry sky with the naked eye, and recognize the constellations. Estimated time: 2 h 00'. Uphill gap: 100 m. Hiking difficulty: T (touristic).

**Sunday 27th: PALAZZO BORGHESE from Foce di Montemonaco.** From Foce di Montemonaco to Palazzo Borghese through Zappacenere Stream: from the narrow glacial valley to the dolomite peak that dominates it, hidden from sight. Going-time: 3 h 30' - 4 h 00' (excluding stops); return: 2 h 30' - 3 h 00' (excluding stops). Difference in altitude: 1.200 m. Hiking difficulty: E (hiking).

**For bookings, rates and info on equipment and clothing needed, time and place of departure:  
Environmental Hiking Guide Dino Gazzani tel (+39) 380 3020147 --- [info@marcheinspalla.com](mailto:info@marcheinspalla.com)  
Professional Guide empowered by national and regional regulations and covered by R.C. insurance.  
Note: this calendar may be changed because of adverse weather conditions.  
Any possible changes and new itineraries will be promptly communicated.**