

THE TREASURES OF MARCHE: WALKING BETWEEN NATURE AND CULTURE

MARCHEINSPALLA.COM



NOVEMBER 2015 HIKES CALENDAR

IN SEARCH OF AUTUMN'S COLOURS AND FLAVOURS

Saturday 7: INFERNACCIO AND CAPOTENNA. From Valleria di Rubbiano to the springs of Tenna River framed among the most impervious peaks of Sibillini Mountains, through the wonderful S. Leonard beech wood. **Rise time 2,00-2,30 h (stops excluded), down 1,30-2,00 h (stops excluded). Gap: 350 m. Difficulty: E (Hikers).**

After walking: DIAMANTI A TAVOLA (Diamonds on table) in Amandola (FM), fair-market of appreciated Sibillini white truffle.

Sunday 8: MONTE CONERO SOUTHERN RING. From Fonte dell'Olio of Sirolo (AN) to Passo del Lupo, privileged balcony over Due Sorelle Beach and the southern Marche coast. **Estimated time: 3,30-4,00 h (stops excluded). Gap: 400 m. Hiking difficulty: E (hikers).**

Saturday 14: THE GEROSA LAKE. An easy walk along the rivers of the Lake found out upstream Comunanza (AP) as far as the amazing roman church of S. Giorgio all'Isola. **Estimated time: 2,00-2,30 h (stops excluded). Gap: 100 m. Difficulty: T (Tourist).**

Saturday 14: MONTE DELL'ASCENSIONE from Porchiano. From Porchiano to the summit of the former Monte Nero (Black Mountain) or Mount Polesio, located between Ascoli Piceno and Rotella and characterized by a particular profile, due to its geological history. **Rise time: 1,45-2,15 h (stops excluded); down: 1,30-2,00 h (stops excluded). Gap: 650 m. Difficulty: E (hikers).**

Sunday 15: THE MONTE SIBILLA. From Sibilla Refuge of Montemonaco (AP) to the peak of the Mountain Mother of Sibillini in search of the roots of the myth. **Rise time 2,00-2,30 h (stops excluded), down 1,45-2,00 h (stops excluded). Gap: 630 m. Difficulty: EE (Expert hikers).**

Sunday 15: MONTE D'ARIA RING. From Torre Beragna to Buca del Terremoto (Earthquake Hole) Through the Sanctuary of Madonna del Monte and the Bosco di Manfrica, over the Macerata stretch of Marche ridge. **Estimated time: 3,00-3,30 h (stops excluded). Gap: 650 m. Difficulty: E (hikers).**

In the afternoon APPASSIMENTI APERTI (Open Fading) in Serrapetrona (MC): visit of cellars where renowned Vernaccia di Serrapetrona DOCG is produced, the only red spumante made with 3 fermentations.

Saturday 21: MONTE GIUOCO DEL PALLONE from Esanatoglia. From S. Cataldo's Hermitage to the top of the unusual named Mountain, the center of an area rich in medieval settlements. **Estimated time: 3,00-3,30 h (stops excluded). Gap: 420 m. Difficulty: E (hikers).**

Sunday 22: MONTE MACCHIALUNGA RING. From St. Eutizio's Abbey, where monks developed the surgery, up to Mount overlooking the Campiana Valley, one of the most unspoiled valleys in the Sibillini Mountains, through the San Fiorenzo's Hermitage, the San Biagio's Hermitage and the Church of Madonna della Croce: a pleasant walk in the places where Western monasticism rose. **Estimated time: 3,00-3,30 h (stops excluded). Gap: 400 m. Difficulty: E (hikers).**

Saturday 28: EVENING WALK IN BOSCO DEL CUGNOLO and ORIENTEERING at Torre di Palme. Walk for everyone in a rich of maquis shrubland a few steps far from Torre di Palme (FM), hanging on the Adriatic coast. **Estimated time: 1.30 h (stops excluded). Gap: 80 m. Difficulty: T (Tourist).**

After the hike, Introduction to orienteering in the village of Torre di Palme, in collaboration with VerdAvventura and Decathlon S. Benedetto del Tronto.

Sunday 29: MONTE FIEGNI. From Fiegni the summit of namesake Mount, the northernmost one in the Sibillini National Park, through the Blessed Ugolino's Sanctuary and the healthy source that bears his name, in search of a privileged and unusual point of observation. **Estimated time: 3,30-4,00 h (stops excluded). Gap: 530m. Difficulty: E (hikers).**

In the afternoon: ANTICA FIERA DI SANT'ANDREA (Ancient S. Andrews' Fair) in San Ginesio (MC): Christmas markets, artistic craftsmanship, culinary delights to celebrate the Saint who, according to tradition, was the author of the victory over Fermo in the historic battle called "Fornarina".

For bookings, rates and info on equipment and clothing needed, time and place of departure:
Environmental Hiking Guide Dino Gazzani tel (+39) 380 3020147 --- info@marcheinspalla.com
Professional Guide empowered by national and regional regulations and covered by R.C. insurance.

**Note: this calendar may be changed because of adverse weather conditions.
Any possible changes and new itineraries will be promptly communicated.**