

THE TREASURES OF MARCHE: WALKING BETWEEN NATURE AND CULTURE

MARCHEINSPALLA.COM

SEPTEMBER 2013 HIKES CALENDAR



Sunday 1: MONTE BOVE RING. Walking in the kingdom of chamois, on the peaks that dominate Ussita (MC) and encircle one of better preserved glacial valleys of Monti Sibillini. **Estimated time: 4,45-5,30 h. Gap: 550 m. Difficulty E.**

Friday 6: SUNSET ON PIANI DI RAGNOLO. Walking on sunset up to Pizzo Meta, natural balcony over Sarnano (MC) overlooking the southern Marche, waiting for the moonless night to admire constellations. **Estimated time: 2,30 h. Gap: 300 m. Difficulty: E.**

Saturday 7: MONTE CONERO SOUTH RING. From Fonte dell'Olio of Sirolo (AN) to Passo del Lupo, privileged balcony over Due Sorelle Beach and the southern Marche coast. **Estimated time 2,00-2,30. Gap: 130 m. Difficulty E.**

On the way back ROSSO CONERO FEAST in Camerano (AN): shows, typical products and fine kitchen in a perfect marriage with the main product of the territory.

Sunday 8: LAME ROSSE, FRIARS' CAVE and FIASTRONE GORGES. From the amazing debris amphitheater and its red pinnacles down to the wild and hidden ravine downstream of Fiastra Lake dike (MC), passing by rebel friars' hermitage. **Rise time: 3,00-3,30 h (stops excluded), down: 2,00-2,30 h. Gap: 650 m. Difficulty: EE**

Saturday 14: IN SEARCH OF LOST APENNINES. From Tallacano of Acquasanta Terme (AP) to Pizzo dell'Arco, among chestnut woods and picturesque views of Tronto valley. **Estimated time: 3,30-4,00 h. Gap: 450 m. Difficulty: E.**

Sunday 15: MONTE CANFAITO from Braccano. From the singular artistic hamlet of Matelica (MC) with its distinctive murals to Jana Gorge and to Monte Canfaieto pastures trough S. Maria in Rotis Abbey and its ancient estates. **Estimated time: 4,30-5,00 h. Gap: 620 m. Difficulty: E.**

Friday 20: PILATE'S LAKE from Foce di Montemonaco (AP). In the hearth of Sibillini Mountains, along their most popular valley, among legends and stories of necromancers, fairies and demons. **Rise time: 2,30-3,00 h, down: 1,30-2,00 h. Gap: 900 m. Difficulty: E.**

Saturday 21: MONTE SIBILLA. From Sibilla Refuge of Montemonaco (AP) to the peak of the Mother Mountain of Sibillini Mountains, in search of the roots of the myth. **Rise time 2,00-2,30 h, down 1,45-2,00 h. Gap: 630 m. Difficulty EE.**

Sunday 22: MACERA DELLA MORTE. From Poggio of Spelonga (AP) to the only two thousand meters mountain of Marche in Monti della Laga Group, ancient border between pre-unification States. **Rise time: 2,30-3,00 h, down 2,00-2,30 h. Gap: 620 m. Difficulty E.**

Saturday 28: THE STONE RING. From Piandelloro to Rocchetta through Agore, the Acquasanta Terme (AP) hamlets in the heart of hidden Apennines woods. **Estimated time: 2,30-3,00 h. Gap: 190 m. Difficulty: E**

Sunday 28: HERMITAGE OF ACQUARELLA from Albacina. Discovering the ancient Franciscan hermitage through the dense woods above the old Roman village "Tuficum", up to the slopes of Monte Maltempo to enjoy the lovely view on Fabriano basin (AN) and its surroundings. **Estimated time: 4,00-4,30 h. Gap: 690 m. Difficulty E.**

For bookings, rates and info on equipment and clothing needed, time and place of departure:

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Professional Guide empowered by national and regional regulations and covered by R.C. insurance.

**Note: this calendar may be changed because of adverse weather conditions.
Any possible changes and new itineraries will be promptly communicated.**